



MARCH NEWSLETTER

Dates for your Diary

Thursday 5 th March	World Book Day
Friday 13 th March	Lá Glas
Monday 16 th & Tues 17 th March	School closed St. Patrick's Day
Friday 27 th March	Easter Holidays (School closed for two weeks)
Saturday 9 th May	First Holy Communion

St. Patrick's Day

The school will close on Monday 16th and Tuesday 17th March for St. Patrick's Day.

Lá Glas

As part of Seachtain na Gaeilge, we will celebrate Lá Glas on Friday 13th March. Children and staff are invited to dress up in green on this special day. We look forward to seeing your green outfits.

Coicis na Gaeilge

Is Féile idirnáisiúnta Ghaeilge í Seachtain na Gaeilge agus tá speis mhór againne anseo inár dteanga agus inár gcultúr dúchais. Tá a lán imeachtaí siamsúla agus spráíúla eagraithe ag na múinteoirí le linn Sheachtain na Gaeilge. Beidh na paistí sna hardranganna ag glacadh páirt i gcomórtas sheanfhocail. Beidh duaiseanna ar fáil do na buaiteoirí. Beidh Lá Glas ag dul ar aghaidh ar an Aoine I3ú lá de Mhí an Mhárta. Is féidir leis na daltaí agus na daoine fásta éadaí glasa a chaitheamh ar an lá speisialta seo.

Tá a lán imeachtaí eile á reachtáil freisin an tseachtain seo chugainn, mar shampla comortas seanfhocail, tráth na gceist, Bingo, rannta agus ceol.

Trí Seanfhocail:

“Mol an Óige agus tiocfaidh sí” - “Praise the youth and they will prosper”

“Is fearr Gaeilge briste na Béarla cliste” - “Broken Irish is better than clever English”

“Níl aon tinteán mar do thinteán féin” - “there’s no place like home”

Library Visits:

Children will attend the local library for Bingo and an Irish Author visit as part of our celebrations.

Easter Holidays

The school will close for two weeks for the Easter break. The school will close from Friday 27th March (which will be a normal school day) and will re-open on Monday 13th April.

Sacraments of Confirmation and First Holy Communion

Our sixth-class boys and the girls from Scoil Chroi Naofa received the sacrament of Confirmation on Saturday 28th February. We wish God’s blessings on all the children on this very special occasion.

Parents, sponsors, family and friends of the Confirmation group attended the school on Friday for a Confirmation Prayer Service.

First Holy Communion has been arranged for Saturday 23rd May at 1:00 pm.

Morning Assembly

Children are supervised every morning from 9:10 am to 9:20 am. Thank you for making sure that children do not arrive before this time. There is a Breakfast Club available for children/families that need to arrive earlier. The Breakfast Club is available from 8:00 am and is run by Spraoi & Sport. It has proved very popular and we now have many children attending daily. Spraoi & Sport also run the after-school provision.

Parents are reminded that they should not drive into the school carpark in the mornings or afternoons. The carpark is extremely busy with staff cars and buses.

A small number of families have permission to drive in. If you feel that you need to drive into the school grounds, please speak to Mrs. McLaughlin, Principal.

World Book Day

World Book Day is on 5th March. All children will receive World Book Day tokens which may be redeemed in book shops.

Garda Quiz

We were very well represented at the recent Garda Quiz in Carndonagh Community School. James Doherty, Conal Doherty, Connor McLaughlin and Pdraig Crossan did the school proud. They achieved a very high score and thoroughly enjoyed the event.

Parents' Association Fundraiser

The parents' Association are currently running the 50/50 draw every week. Well done to recent winner Noah Doherty, Junior Infants who won €118 last week. The previous winner was Connor McCandless, Fourth Class (€134). Envelopes will be sent out every week. Half the money collected will be given as prize money. Good luck everyone!

Thank you

Congratulations and thank you to Niall Doherty and Connor McLaughlin, Fourth Class for their recent donation to our Autism Class. The boys did a bake sale, lucky dip and card tricks and raised a total of €332. They shared the funds between our Autism Class and another local charity. Amazing achievement boys!

We say "Si" to Spanish

Fifth & Sixth Class pupils have completed the "Say Yes to Languages" programme. The children learned basic Spanish and enjoyed the challenge. We have received funding for a ten-week programme which was delivered by Mr. Mark Spencer, an experienced teacher from Carndonagh Community School. Mr. Spencer enjoys sharing his passion and expertise in Spanish with our pupils and the boys enjoyed the lessons immensely. We extend a sincere thank you to Mr. Spencer for his wonderful support for this programme. We recognise the value and importance of a module such as this and it will give our senior pupils a great head-start before they transfer to post primary school. The children and

teachers celebrated the completion of the programme with *Churros con Chocolate* in Carndonagh Community School.

HSCL

As HSCL my role is to support you as parents/guardians as your child makes their way through primary school. Please feel free to contact me at any time if a problem arises e.g. School refusal or if you just want a chat. You are welcome to come into the school to my office, or, if you'd prefer, I'd be more than happy to come out to your home. Home visits continue to be an integral part of my role, taking up approximately 30% of my time. Home Visits allow the parents an opportunity to have a chat about how they and their child are settling into school life. Many parents and children have been made aware of and have joined groups as a result of these Home Visits. I fully understand that Home Visits do not suit all of our parents but please feel free to contact me at any time on the HSCL number.

A Parents Plus 'Healthy Families: At the Family Table' course will run in the chalet in Scoil Chroí Naofa on Tuesday mornings from 10 am to 12pm for 6 weeks. Sheila Keyes and Samantha Taitt will facilitate it with a strong focus on how to manage technology with our children. We will also talk about building self-esteem, anxiety in young people, self-harm awareness and support, food and body image issues, parenting through change.

'Yoga with Julie' has just finished a 6-week block.

The 'Healthy Eating' course will start after Easter. More information at a later date.

I am looking to recruit at least 25 parents/guardians to watch a 'Thermomix' demonstration in the school on Monday 23rd March at 1pm. Our school will be gifted a free Thermomix (worth approx. €1500) after.

What the event includes:

A live, engaging cooking demonstration using Thermomix, showcasing how to prepare quick, healthy snacks and balanced family meals.

- Practical tips for reducing food waste, including smart shopping, portion planning,

- and creative ways to use leftovers.
- Simple, child-friendly recipes such as smoothies, healthy snacks, and lunchbox ideas.
- Opportunities for parents and children to taste samples and ask questions.

A Special Gift for Our School

As a thank you for participating, Thermomix will be gifting our school a complimentary TM6 model.

Why it matters:

- Encouraging healthy eating habits from a young age helps children develop a positive
- relationship with food, while reducing food waste supports both household budgets and environmental responsibility.

Sinéad McLaughlin 0862383847 @Carnhscl on Instagram carnhscl@gmail.com

Sport:

Soccer: The boys defeated Scoil Aenghus, Bridgend thanks to a solitary goal by Finneen Clifton in the preliminary round of the 11-a-side Cup Competition. They will now play Scoil Eoghain, Moville in the quarter finals this Friday, 6th March. The national five-a-side regional blitzes will take place on Thursday 19th March. We have been drawn in a tough group with Cockhill, Muff and Whitecastle. Winners will qualify for the Inishowen finals on Wednesday, 25th March. In-school lunch-time matches will commence this month.

Gaelic Skills: Cathal Doherty is currently teaching Gaelic skills to 2nd/3rd class (Ms. Lynch Grant) and 3rd/4th class (Mrs. Doherty).

Beannachtaí na Féile Pádraig oraibh go léir.

Happy St. Patrick's Day to all our children and families.

Anne McLaughlin, Principal.